





#### School health services

Public health nurses visit most schools to provide immunization...vision and hearing testing...counselling on healthful living...and ways of bridging the generation gap. Where emotional or physical disorders are recognized, the necessary referrals are undertaken to ensure prompt treatment.

The health of the students is discussed with the teachers and with the students, and the public health nurse works with teachers in providing instruction on family life education, nutrition, safety, grooming, drug abuse, growth and development.

### Skilled counsellors and helpers

Public health nurses are registered nurses who have received additional specialized education at university

They work closely with other members of the health team... doctors, dentists and all the other health professionals in the community.

Your public health nurse can open many doors for you – helping you find the answers to your family or personal needs.



Hon. Frank S. Miller, Minister of Health

# Helping the family

The public health nurse helps with all aspects of family health care.

The public health nurse is knowledgeable on a wide range of health-related subjects, and able to provide advice and education on parenthood and pregnancy, conception control, child growth and behavior.

She gives a family-centred service, and her interest extends to all members of the family, from the prenatal period to old age.

# Family health support

A simple telephone call to your local board of health or health unit will bring a public health nurse to your assistance. She will listen to the problem, observe, and help with direct assistance or advice.

The public health nurse works with other community agencies, so she can make any necessary referrals on your behalf.

### Community health services

Public health nurses act as leaders in group-learning sessions organized by health units or departments. The topic may be preparation for parenthood... or understanding the pre-schooler... or any other health topic of interest to families.

Public health nurses respond to requests to take part in health education on subjects as varied as safety, nutrition, drugs, communicable disease control, mental health and geriatrics.

They carry out a variety of group tests (screening procedures), and co-operate with physicians or other community agencies in providing patient follow-up and care in the home.

